

## Ten Tips For Those About to Walk

1. Wear sensible shoes – something cushy and supportive. But that doesn't mean you have to sacrifice fashion. After all, Nancy Sinatra recommends boots made for walking.
2. Dress for the weather – all walks go rain or shine. It's easy to stay warm and dry if you layer up and bring an umbrella if it looks like rain.
3. Plan your Jane's Walk itinerary ahead of time. Confirm the dates and times your tours are offered on the website just to make sure you've got the right information. Leave enough time to get between tours.
4. Ask questions – offer insights. Jane's Walk works best when the tour has a friendly, conversational feel. Introduce yourself to fellow walkers, volunteers and guides. Be curious and take advantage of this opportunity to get to know our city.
5. Consider attending walks in neighbourhoods you already know and even live or work in, to deepen your appreciation and networks in the area.
6. Cultivate your curiosity – venture farther afield and find out what is wonderful about neighbourhoods you've only heard about in the media or didn't even know existed. Be adventurous.
7. Take lots of pictures, savour the sites and sounds. Stop in at a café, pub or restaurant and linger. Develop your own impression of an area and share it with others and send us a note with your feedback and ideas.
8. Get in close – in order to hear the tour guides stand close to the speakers. Remember to leave enough room on the sidewalk for people to pass by and make sure to cross at the corners.
9. Sign up for the Jane's Walk e-newsletter, send us your feedback and thoughts on the event and consider supporting this work with a tax-deductible charitable donation.
10. Thank the hosts and volunteers for giving their time to this thrilling insider's guide to local communities.